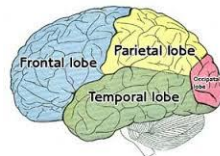
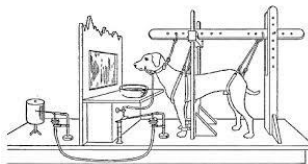
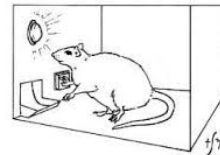
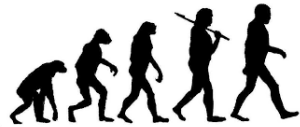


Comparison of Approaches



- We are going to look at the 6 approaches in terms of 4 central issues/debates in psychology:
- Free will vs determinism
- Nature vs nurture
- The importance of the scientific method
- An idiographic or nomothetic approach to investigation

Free will vs determinism



- Determinism is the belief that behaviour is determined by forces other than the individual's will to do something
- Approaches are deterministic if they suggest that behaviour/development is out of our own control and determined by internal or external factors
- Free will is the opposite end of the spectrum and suggests our behaviour is in our control

Task

- First of all, think for yourself!
- Which of our 6 approaches do you think are deterministic and why?

- Now make notes on the following slides onto page 54

Behaviour is caused by

- Biological approach
- Behaviour is caused by physiological (e.g. neurochemical and hormonal) factors and/or inherited (genetic) factors, both of which are out of our control(determined for us)
- Psychodynamic
- Behaviour is caused by unconscious factors which are largely unknown to us and therefore out of our control. (psychic determinism)
- Behaviourist
- Behaviour is caused by external forces in the environment, such as consequences of our behaviour (rewards/punishments) which determine the likelihood of behaviour reoccurring; environmental determinism
- These three approaches are known as hard determinism

'Soft' determinism

- Cognitive approach
- Behaviour is due our thought processes. We are the 'choosers' of our own thoughts, but these are limited to what we know and our experiences
- Therefore *some degree of control*
- Social learning
- Behaviour is due to observation of others in our environment and therefore is determined largely by our experience. However, the learning process provides the tools to conduct a behaviour, the individual has choice in how and when they use these tools

- Humanistic approach
- This is the only approach to suggest behaviour is due to **free will** and we are active agents in our own development

Independent task

- Highlight references to determinism in one colour
- Highlight references to free will/choice in a different colour
- This will show similarities and differences at a glance

Nature vs nurture

- *This is the debate that behaviour is either the product of a person's genes and biology (nature) or what they experience as a result of interacting with the environment (nurture).*



Independent task – Nature/Nurture

- Task: on the sheet provided you will find the information required to complete the table
- Read each statement, decide which approach it represents and cut and stick it in.
- Time limit =